

Vancouver CBT Centre  
Suite 302-1765 West 8th Avenue,  
Vancouver, BC, V6J 5C6

Phone: (604) 738-7337, Fax: (604) 738-7339

Email: info@vancouvercbt.ca

www.vancouvercbt.ca

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**Referral Form**

The Vancouver CBT Centre is a private fee-for-service psychological clinic offering cognitive-behaviour therapy (CBT) in individual format. We specialize in the treatment of anxiety and mood disorders, as well as eating disorders. Our services are not funded by the provincial health care system, although psychological services are often covered through extended health care plans.

Date of Referral: \_\_\_\_\_

Patient Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Patient Contact Information (phone and/or email): \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Medications, if any: \_\_\_\_\_

Please list the name of the therapist you are referring to, or indicate a preference for earliest availability. Please note that clients can choose to see a *doctoral practicum student for a reduced fee*.

Therapist name: \_\_\_\_\_

OR earliest available therapist: \_\_\_\_\_ OR doctoral practicum student: \_\_\_\_\_

Referring Physician/Professional: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Signature: \_\_\_\_\_

Thank you for your referral.